



the SOLACE center  
SIENNA

Mood & Behavior Specialists



Instilling hope  
Inspiring change

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Missouri City, TX 77459

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If you are considering The Solace Center Sienna for yourself or someone you love, we want to reassure you:

- Living with emotional pain does not have to be permanent
- Your willingness to ask for help is a sign of strength
- Many mental health conditions benefit from medications, psychotherapy, and /or TMS therapy
- With help, you can live your best life



## Our Philosophy

We believe in providing evidence-based treatment to our clients. We will listen to your concerns carefully and make our best-educated and experienced effort to reduce your suffering. In short, our philosophy is to provide “patient-centered” care; combining your biological, psychological, and social needs into our treatment with you.

## Services

- | Individual, couples, family, play and group psychotherapy
- | Psychiatric evaluation and medication management for children, adolescents, adults and seniors
- | Intensive Outpatient Program
- | Dialectical Behavior Therapy groups for adolescents and adults
- | Dual diagnosis treatment and therapy
- | Transcranial Magnetic Stimulation (TMS) therapy for treatment-resistant depression

## We Provide

- | Expert treatment from our team of psychiatric and psychological clinicians
- | Safe, private, non-judgmental and nurturing environment
- | Respectful and collaborative individual treatment for your specific needs

## OUR PROFESSIONALS

The clinicians at the Solace Center are experienced and respected professionals who provide individualized outpatient treatment to promote mental health and wellness across the lifespan.

It is our mission to foster a culture of respect, compassion, and collaboration to develop the best treatment. We never compromise our standards, dedication, expertise and compassion.



### **ERICA BRUCE, LCSW**

Erica Bruce is a Licensed Clinical Social Worker and is certified by the Texas State Board of Social Work Examiners as an Approved Clinical Supervisor. Ms. Bruce has extensive clinical experience in both inpatient and outpatient settings, but for the past several years, has owned and practiced at The Solace Center. She is an eclectic therapist and has special clinical interests in trauma, personality disorders, and mood disorders. personality disorders, and suicidology.



### **SHERRY GROGAN, PMHNP-BC**

Sherry Grogan, MSN, APRN, PMHNP-BC is a Psychiatric Nurse Practitioner who provides psychiatric diagnosis, treatment and medication management for all age groups, from children and adolescents through seniors. She has many years of experience working with clients with complex conditions, including medical co-morbidity. Her special clinical interests include Bipolar Disorder, ADHD, Mood Disorders, and Anxiety. enjoys writing in her spare time, as well as spending time with family and friends.

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